

**Rivera Early College High School**  
**Weekly Lesson Plan**  
**2019-2020**

**Week of: 8/14-16/2019**

**Health Quest (BI)/ Social Skills**

Lesson Components	Instruction	Support for SubPops or Special Preparation for New Concept	<p style="text-align: center;"><b>College &amp; Career Readiness</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Intellectual Curiosity</li> <li><input checked="" type="checkbox"/> Reasoning</li> <li><input type="checkbox"/> Problem Solving</li> <li><input type="checkbox"/> Academic Behaviors</li> <li><input type="checkbox"/> Work Habits</li> <li><input type="checkbox"/> Academic Integrity</li> <li><input type="checkbox"/> Reading Across the Curriculum</li> <li><input type="checkbox"/> Writing Across the Curriculum</li> <li><input type="checkbox"/> Research Across the Curriculum</li> <li><input type="checkbox"/> Use of Data</li> <li><input type="checkbox"/> Technology</li> </ul> <p style="text-align: center;"><b>Common Instructional Framework</b></p> <ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Collaborative Group Work</li> <li><input type="checkbox"/> Writing to Learn</li> <li><input checked="" type="checkbox"/> Questioning</li> <li><input type="checkbox"/> Scaffolding</li> <li><input type="checkbox"/> Classroom Talk</li> <li><input type="checkbox"/> Literacy Groups</li> </ul> <p style="text-align: center;"><b>Texas Literacy Initiative</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Think Turn Talk</li> <li><input checked="" type="checkbox"/> Making Connections</li> <li><input type="checkbox"/> Creating Mental Images</li> <li><input type="checkbox"/> Making Inferences and Predictions</li> <li><input checked="" type="checkbox"/> Questioning</li> <li><input type="checkbox"/> Determining Importance and Summarizing</li> <li><input checked="" type="checkbox"/> Monitoring and Clarifying</li> </ul> <p style="text-align: center;"><b>ELPS</b></p> <ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Reading</li> <li><input checked="" type="checkbox"/> Writing</li> <li><input checked="" type="checkbox"/> Listening</li> <li><input checked="" type="checkbox"/> Speaking</li> </ul>
<b>Academic Focus:</b> (the WHAT that you are teaching)	CH.6-Physical fitness and your Health. The benefits of being fit. The five components of Health	Students will work on collage for the five components. Students will work on a related weekly fitness routine planner.	
<b>TEKS:</b>	1. A 14. A 1. I 15. A 13. A 6. A		
<b>Comprehension Purpose Question(s):</b>	<b>Why do you think Physical Fitness is important.</b>		
<b>Cognitive Focus:</b> (the depth of thinking you require)			
<b>Student Engagement</b> (Indicate which type you will use)	<b>MASTERY:</b> <input type="checkbox"/> Competition <input type="checkbox"/> Challenge <b>INTERPERSONAL:</b> <input checked="" type="checkbox"/> Cooperation <input checked="" type="checkbox"/> Connections <b>UNDERSTANDING:</b> <input type="checkbox"/> Curiosity <input type="checkbox"/> Controversy <b>SELF-EXPRESSIVE:</b> <input type="checkbox"/> Choice <input checked="" type="checkbox"/> Creativity		
<b>Physical Classroom Setup:</b>	<input type="checkbox"/> rows <input type="checkbox"/> groups <input type="checkbox"/> Socratic Circle <input type="checkbox"/> Presentations  <input type="checkbox"/> computer research <input type="checkbox"/> group project completion		
<b>Student Grouping(s):</b>	<input type="checkbox"/> self-selected  <input type="checkbox"/> by ability  <input type="checkbox"/> random	<input type="checkbox"/> English Language Learner  <input type="checkbox"/> Rotations  <input checked="" type="checkbox"/> Ability Groupings	
<b>Expectations:</b>	Students are expected to understand the five components of health and to exercise in order to complete their exercise planner.		
<b>Student Product(s)/ Accountability:</b>	Chapter 6		
<b>Rubric:</b> <input type="checkbox"/> grid <input type="checkbox"/> Likert scale <input type="checkbox"/> observation-based checklist			